

We have scripts and materials available for the following introductory, one-evening classes that are open to the public.

1000 Ways to Happiness

An Evening Of Blessings*

Awakening to Spirit*

Communicating Living Love

Detachment/Freedom

Doing Spiritual Exercises*

Exploring Spirit in Everyday Life*

Forgiveness*

Free-Form Writing Workshop

Gratitude, an Attitude of Success

Introduction to the Christ Within*

Introduction to Meditation*

Introduction to Momentum: Letting Love Lead*

Introduction to MSS

Introduction to Peace

Introduction to Soul Transcendence

Introduction to the Three Selves*

Living in Light

Living the Spiritual Principles of Health & Well-Being*

Love Is in the Air

Loving Relationships

Peace is Present*

The Power Within You*

Rest & Rejuvenate in the Beloved Within

Sacred Tones

Spiritual Principles of Abundance & Prosperity*

Spiritual Warrior*

Walking the Labyrinth

What is Grace?

What is Loving?

What's It Like Being You?

*Classes are also available in a longer format.